

## The Triple Flame:

Negotiating Attachment Security, Intimacy, and Sexuality in Couples Relationships

Thursday, May 13 – Friday, May 14, 2010, 9:00am to 4:30pm in Toronto

Join Esther Perel as she shares her bold, provocative new take on intimacy and sex that shakes up traditional thinking about how to keep desire alive in long-term relationships. In this workshop she will discuss eroticism as a quality of aliveness and vitality in relationships extending far beyond mere sexuality. We will consider how the need for secure attachment and closeness can co-exist with the quest for individuality and freedom.

You will learn how to map the connections between emotional histories, attachment orientation, and sexual feelings and behaviours. We will examine the cultural pressures that shape today's couples relations and the puzzling inverse correlation between greater emotional intimacy and loss of sexual desire.

Combining formal teaching, clinical case examples, and video-vignettes, the workshop draws on attachment and psychoanalytic theory as well as on family systems and body-oriented approaches.

This model applies to couples of all sexual orientations and types of partnerships. The workshop is geared for all clinicians interested in gaining a deeper understanding and broadening their skills in working with couples and sexuality.

You will learn —

- Innovative strategies to reconcile the need for safety and stability with the need for separateness and passion
- To relate the psychology of desire and physicality of sex back to childhood and emotional histories
- How to work with extra-marital relations, past and present, fantasized or real, secret or revealed
- How to deal with fear, shame, guilt, and trauma,
- To explore transference and counter-transference when working with sexual issues

**Venue: Koffler House/Multi-faith Centre, 569 Spadina Avenue, Toronto (both workshops)**

For more workshops visit [www.leadingedgeseminars.org](http://www.leadingedgeseminars.org)

### Sign up together EARLY and save!

Before April 7:

\$319.00/person

\$299.00/ person (2 or more people)

After April 7:

\$339.00/person

\$319.00/person (2 or more people)

Esther Perel, MA, LMFT, is one of the world's most respected voices on erotic intelligence. She is the internationally acclaimed author of the bestseller *Mating in Captivity*. Esther is a couples and family therapist with a private practice in New York City, and serves on the faculty of the Family Studies Unit, Department of Psychiatry, New York University Medical School, and the International Trauma Studies Program. For more information, see [www.estherperel.com](http://www.estherperel.com).



**Sign me up for:** The Triple Flame

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

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#### 4 ways to register!

**www** [www.leadingedgeseminars.org](http://www.leadingedgeseminars.org)

**Phone** 416-964-1133

**Fax** 416-964-7172

**Mail** 88 Major St,  
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I will be paying the course fee of \$\_\_\_\_\_ (GST included) by:

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