

MATING IN CAPTIVITY: UNLOCKING EROTIC INTELLIGENCE

ESTHER PEREL

The international bestseller *Mating in Captivity: Unlocking Erotic Intelligence* offers a bold new take on intimacy and sex. Can we want what we already have? Why does great sex often fade for couples who claim to love each other as much as ever? Why does deep intimacy not guarantee great sex? In this evening workshop, in an atmosphere free of judgment, we will learn about the importance of creating separateness and mystery between partners; how our emotional history is expressed in the physicality of sex; why more intimacy can lead to less sex; how to unlock erotic blocks and cultivate eroticism in our relationships; and how to keep sex alive after kids are born.

AN EVENING WORKSHOP

Friday, October 24, 7–10pm

08FPX02M

Members: \$25 / Nonmembers: \$30

Esther Perel is one of the world's most respected voices on Erotic Intelligence. She brings a rich multicultural perspective to her work as a couple and family therapist in New York City. Esther's work has been featured on "Oprah" and in *New York Magazine* and *The Wall Street Journal*.
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