

• **Register online at [www.mccamft.org](http://www.mccamft.org)**

You will receive confirmation via e-mail.

- For special accommodations, call 831-784-4999.
- Cancellations—see [www.mccamft.org](http://www.mccamft.org) for cancellation policy.



Monterey County Chapter  
The California Association of  
Marriage and Family Therapists  
PO Box 3092  
Monterey, CA 93942



**Mating in Captivity:**  
Reconciling Attachment, Intimacy  
and Sexuality in Long-term Relationships  
Friday, October 29th 2010  
Monterey, California  
Co-sponsored by Monterey Bay  
Psychological Association & Community  
Hospital of the Monterey Peninsula

**Registration Fees (6 CEU's)**—Early Registration by 9/29/10

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|---|-------|
| • Early Member<br>(Includes all CAMFT & MBPA members,<br>& CHOMP employees) | \$155 |
| • Member (after 9/29)   | \$170 |
| • Non-member  | \$170 |
| • Prelicensed   | \$130 |
| • Prelicensed (after 9/29)  | \$150 |

**Continuing Education Credit**

Board of Behavioral Sciences, PCE 647  
California Board of Registered Nursing, PCE11302  
Psychologist CEU's provided by Monterey Bay  
Psychological Association

**Location:**

Beach Resort Monterey  
2600 Sand Dunes Drive  
Monterey, CA 93940  
831-394-3321  
[www.montereybeachresort.com](http://www.montereybeachresort.com)  
(see website for driving directions)



Monterey County Chapter  
California Association of Marriage  
and Family Therapists presents:

**Mating in Captivity:**

Reconciling Attachment, Intimacy  
and Sexuality in Long-term Relationships

with Esther Perel,



internationally acclaimed author of  
*Mating in Captivity:*  
*Unlocking Erotic Intelligence*

Friday, October 29th 2010

Monterey, CA

## ~ Agenda ~

**8:30-9:00am** Sign-in & Refreshments

**9:00-10:00am** Introduction; The Paradox of Intimacy and Sexuality: Conceptual Framework

**10:00-11:30am:** Erotic Blueprints; Theory, and Videotaped Clinical Vignettes

**11:30am -12:00pm** Clinical Illustrations; Q & A

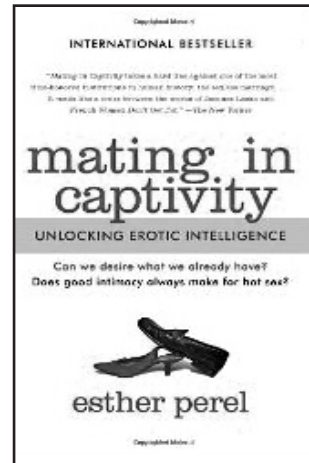
**12:00-1:00pm** Lunch

**1:00-2:00pm** Parenthood & Sexuality

**2:00-3:00pm** Erotic Fantasy & Infidelity

**3:00-4:00pm** Clinical Illustrations; Q & A

**4:00pm** Workshop Concludes



## Mating in Captivity: Reconciling Attachment, Intimacy and Sexuality in Long-term Relationships

Join Esther Perel as she shares her bold, provocative new take on intimacy and sex that shakes up traditional thinking about keeping desire alive in long-term relationships. We will consider how the need for secure attachment and close-

ness can co-exist with the quest for individuality and freedom. In this workshop, we tackle eroticism as a quality of aliveness and vitality in relationships extending far beyond mere sexuality. You will learn how our emotional history shapes our erotic blueprints and how to map the connections between partners' attachment orientation and their sexual feelings and behaviors. We will examine the cultural pressures that shape today's couple relations and the puzzling inverse correlation between greater emotional intimacy and loss of sexual desire.

Combining formal teaching, clinical case examples, and video vignettes, we will probe the bonds and conflicts between love and desire and crack the mystery of eroticism that lies in the tension between them. The workshop draws on attachment and psychoanalytic theory as well as on family systems and body-oriented approaches.

Throughout the training, Esther will introduce innovative strategies to help couples improve their relationships by reconciling their needs for safety and stability with their need for separateness and passion. This model applies to couples of all sexual orientation, and types of partnership.

The workshop is geared for all clinicians interested in gaining a deeper understanding and skillful practice in working with couples and sexuality.

## You will learn how to:

- Offer a non-judgmental and multicultural understanding of the differing notions of love, marriage and sexual behaviors, and to highlight the relationship between culture and sexuality.
- Help couples deal with the tension between their needs of security and adventure.
- Trace the psychology of desire back to the details of our childhood and know how our emotional history is expressed in the physicality of sex.
- Design therapeutic interventions to unlock erotic blocks stemming from fear, shame, guilt and trauma and how to facilitate the expression of unmet needs between partners.
- Develop strategies for couples to bring a sense of aliveness and vitality to their relationship and cultivate playfulness, anticipation and mystery in and out of the bedroom.
- Bring a nuanced therapeutic approach to work with extra-marital relations, past and present, fantasized or real, secret or revealed.
- Explore transference and counter-transference when working with sexual issues.

Esther Perel, MA, MFT, is one of the world's most respected voices on erotic intelligence. She is the internationally acclaimed author of the best-seller "Mating in Captivity," now available in 25 languages. Esther is a couples and family therapist with a private practice in New York City and serves on the faculty of The Family Studies Unit, Department of Psychiatry, New York University Medical School and The International Trauma Studies Program. Fluent in nine languages, she brings a rich multicultural perspective to her work and is an acknowledged authority on couple therapy, cross-cultural relations, and culture and sexuality. A frequent keynote speaker and workshop presenter, she has appeared on many television programs, including The Oprah Winfrey Show, The Today Show and CBS This Morning.



**For more information, see [www.estherperel.com](http://www.estherperel.com).**