



UNDERSTANDING THE PARADOX OF INTIMACY AND DESIRE

The story of sex in committed modern couples is one that often tells of a dwindling desire that includes a long list of sexual alibis, claiming to explain the inescapable death of Eros. The absence of fantasy, the proliferation of pornography and affairs, as well as a lack of understanding of the nature of erotic desire all contribute to the predicament. This workshop examines the cultural pressures that shape domesticated sex and the puzzling inverse correlation between greater emotional intimacy and the loss of sexual desire.

Using case examples and video vignettes, Ms. Perel will demonstrate how to help couples draw pleasure from the hidden, the suggestive and the uncanny while also respecting their needs for safety and stability. We will explore how to grant the body its profound capacities for communicating in its own language, how couples can voice their erotic longings and move beyond their familiar comfort zone into an expansive, fully charged sexuality. This model applies to young, old, married and not, heterosexual and same sex couples.

DIRECTIONS

From Points South:

Take I-95 north from Philadelphia; continue on I-95 across the Delaware River into New Jersey. That road becomes I-295 south approximately 5 miles into New Jersey. Continue on I-295 south to Exit 67 for Route 1 north. Proceed on Route 1 North approximately 3 miles. (Division of Motor Vehicles, Quakerbridge Shopping Mall, Carnegie Center, and Bank will be on your right.) Turn right onto Alexander Road East (Princeton Junction) exit . Turn right onto Alexander Road. **(Hyatt Regency Princeton is on your right) New Jersey Hospital Association is approximately one mile on right. Park in rear.**

From New York:

Take the George Washington Bridge, Verrazano Bridge or Lincoln Tunnel to the NJ Turnpike south to exit 9. Follow signs for Route 18 north (briefly) exit Route 1 south. Proceed on Route 1 south approximately 15 miles. Exit Alexander Road East. Turn right toward Princeton Junction. Travel through three traffic lights. **See above.**

From the Somerville Area and Points to The North And West:

Take Route 206 South to Nassau Street (Route 27) at Princeton. Turn left onto Nassau Street (Route 27). Go to first traffic light and turn right onto University Place. Follow University Place to end and turn left onto Alexander Street; after approximately 1/2 mile this becomes Alexander Road. Cross over Route 1 and continue through three traffic lights. **See above.**

Jewish Family & Children's Service of
Greater Mercer County
presents

MATING IN CAPTIVITY: RECONCILING THE EROTIC AND THE DOMESTIC

*A Day Long Workshop with
ESTHER PEREL, MA, LMFT*



TUESDAY, MARCH 11, 2008

9:00am to 4:00pm

Conference Center
at the
New Jersey Hospital Association
760 Alexander Road
Princeton, NJ

"Esther Perel is a fearless writer and thinker who will challenge your views about sex in a radical and fundamental way. She has the most original, edgy, intelligent, and high-spirited voice out there on passionless sex versus erotic vitality."

- Harriet Lerner, Ph.D., author of *Dance of Anger*

CLINICAL PRESENTER

Esther Perel, MA, LMFT

Born and raised in Belgium, Ms. Perel holds degrees from the Hebrew University of Jerusalem and Lesley College. She was trained and supervised in family therapy by Dr. Salvador Minuchin and serves on the faculties of the Department of Psychiatry, New York University Medical School, and International Trauma Studies Program, in affiliation with Columbia University.

Esther Perel is the author of the widely acclaimed book, *Mating in Captivity: Reconciling the Erotic and the Domestic* (2006) – published by Harper Collins in North America and translated into 20 languages. She has written numerous articles and chapters about intermarriage, the families of Holocaust survivors, cross cultural couples and cultural and religious identity.

Ms. Perel's innovative strategies have won her an international clientele of non-profit organizations, foundations, schools, community groups and corporations, including: New York University Medical Center; Hebrew University in Jerusalem; Psycho-social Center for Refugees at the University of Oslo, Norway; The Soros Foundation's Open Society Institute; the Wexner Foundation; The 92nd St. Y; The Skirball Center and United Jewish Communities. She is a member of the American Family Therapy Academy and the Society of Sex Therapy and Research.

A frequent keynote speaker, Ms. Perel regularly addresses the therapeutic and lay communities at conferences, cross-cultural forums and workshops. Ms. Perel has been interviewed in leading publications such as *The Washington Post*, *Tikkun*, *New York Magazine*, *Vogue*, *Self*, *Salon.com*, *Health Parent* and *Working Woman*, and has appeared on television programs ranging from the *Oprah Winfrey Show* and *The Today Show* to *Good Day New York*, *CNN*, *This Morning Women Aloud* and *CBS This Morning*.

PROGRAM

8:30am – 9:00am

Registration and Continental Breakfast

9:00am – 9:15am

Welcome and Introduction

9:15am – 12:00pm

Paradoxes of Intimacy and Desire

Cultural Forces that Shape Domesticated Sex

Turbulence of Infidelity

Sex and Parenthood

Therapeutic Considerations

12:00pm – 1:15pm

Lunch

1:15pm – 2:45pm

Clinical Applications

Experiential Exercises

Video Vignettes and Case Material

2:45pm – 4:00pm

Questions & Answers

Summary

REGISTRATION FORM

MATING IN CAPTIVITY: RECONCILING THE EROTIC AND THE DOMESTIC

TUESDAY, MARCH 11, 2008

Mail form & Payment to:

Debra H. Levenstein
Jewish Family & Children's Service
707 Alexander Road, Suite 102
Princeton, NJ 08540

Telephone: 609-243-0390

Fax: 609-243-0393

Website: www.jfconline.org

Email: debral@jfconline.org

Included in the registration fee are continental breakfast, beverage breaks, and workshop materials. LUNCH IS ON YOUR OWN.

Please print or type all information. Duplicate this form for multiple registrations as needed.

Name: _____

First Middle Last

Title: _____ Degree: _____

Place of Employment: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Workphone: (____) _____

Email: _____

Certificate Required:

NJ Board of Social Work __ (5 CEUs pending)

PAYMENT

Early Registration (by February 15) \$80

Regular Registration \$100

Student Registration \$50