

The Eating Disorders, Compulsions & Addictions Service  
CONFERENCE SERIES - I

**LOVE ACTUALLY**  
**Entanglements: Real and Imagined**  
Saturday, January 9<sup>th</sup>, 2010  
The William Alanson White Institute



What is more basic than love? Despite our understanding of its importance, many of us just can't get it right. This conference will address the many ways that love and intimate relationships go awry. Be it chemistry, monogamy, affairs or fantasied affairs, our patients present with both intense relationship struggles, and with the hope of ultimately working out a satisfying relationship.

9:00 - 9:10

**Welcome: Jean Petrucelli, Ph.D., Director of EDCAS**

9:10 - 10:00

**Helen Fisher, Ph.D.**

*WHY HIM? WHY HER? The Drive to Love and Who We Choose*

10:00 - 10:50

**Esther Perel, M.A., LMFT**

*Mating in Captivity: The Paradox of Intimacy and Sexuality*

(10 minute break)

11:00 - 12:00

**Discussion Panel and Q&A**

**Helen Fisher, Ph.D., Esther Perel, M.A., LMFT, Jill C. Howard, Ph.D., Don Troise, LCSW**

12:00 - 1:15

**Lunch Break**

1:15 - 1:45

**Don Troise, LCSW**

*When Love is a Catastrophe*

1:45 - 2:15

**Jill Howard, Ph.D.**

*Gone Home: The Never Ending Search of the Commitment Phobic Patient*

2:15 - 3:00

**Discussion Panel and Q&A**

**Moderator: Sue Kolod, Ph.D.**

**Don Troise, LCSW, Jill C. Howard, Ph.D., Helen Fisher, Ph.D., Esther Perel, M.A., LMFT.**

## Presenters

**Helen Fisher, Ph.D.** Biological Anthropologist, is a Research Professor and member of the Center for Human Evolution Studies in the Department of Anthropology, Rutgers University and Chief Scientific Advisor to the Internet dating site, Chemistry.com, a division of Match.com. Dr. Fisher is the author of *Why We Love: The Nature and Chemistry of Romantic Love* and *Why Him? Why Her?*, two of her five books. She has conducted extensive research and written on the evolution and future of human sex, love, marriage, gender differences in the brain and how biological dimensions of your personality contribute to who you love. [www.helenfisher.com](http://www.helenfisher.com)

**Esther Perel, M.A., LMFT** is a couples and family therapist with a private practice in New York City. She is the author of the international bestseller *Mating in Captivity*, now available in 25 languages. Fluent in nine of them, Ms. Perel brings a rich multicultural perspective to her work on couples and sexuality. She serves on the faculty of The Family Studies Unit, Department of Psychiatry, New York University Medical Center, the International Trauma Studies Program and she is an adjunct faculty at The Ackerman Institute for the Family. She is a member of the American Family Therapy Academy and the Society for Sex Therapy and Research, which awarded her the 2009 consumer book award. [www.estherperel.com](http://www.estherperel.com)

**Don Troise, LCSW** is Faculty, Supervisor and member of the Training Committee at the Institute of Contemporary Psychotherapy and in private practice in Manhattan.

**Jill Howard, Ph.D.** is Faculty, Supervisor of Psychotherapy at the William Alanson White Institute and maintains a private practice on the upper Westside of Manhattan. She is also an Adjunct Full Professor in the Doctoral Program at Long Island University.

## The Institute

The William Alanson White Institute is a psychoanalytic training facility founded in 1943 and incorporated under the New York Education Law in 1946 as a not-for-profit educational corporation. The Institute trains psychiatrists, psychologists and doctoral level social workers in the theory and practice of psychoanalysis and offers courses in essential psychoanalytic concepts to individuals in other disciplines who wish to extend their skills and understanding in their own professions. It also provides clinical services and outreach programs to a wide range of populations in New York City and surrounding communities.

The curriculum at the Institute is grounded in the interpersonal tradition of psychoanalysis, recognizing the special contributions of two of its co-founders, Harry Stack Sullivan and Erich Fromm. Since its inception, White has been unique among major psychoanalytic training institutes in emphasizing the psychodynamic role of interpersonal relations and interactions within the socio-cultural environment. The founders believed psychoanalysis must address societal as well as individual ills. It is in this spirit that the Eating Disorders, Compulsions and Addictions Service (EDCAS) was established in 1995 to offer clinical services, education, and training. Our goal is to promote a deeper understanding of a treatment approach that draws from the wellspring of contemporary thinking.

### Overview of Program

## **The Eating Disorders, Compulsions & Addictions Service**

is proud to present our

### **2010 CONFERENCE SERIES**

on the topics of

**RELATIONSHIPS  
DISSOCIATION  
ECONOMICS  
BODIES**

In a series of four conferences, the Eating Disorders, Compulsions & Addictions Service (EDCAS) will explore issues of intimacy, desire, mindfulness, addiction, affect regulation, dissociation, money, compulsivity, irrationality, hunger and the body in contemporary life.

The William Alanson White Institute, with its emphasis on the interplay between cultural, interpersonal and psychological trends is an ideal venue for a dialogue between authors, social and economic analysts and clinicians.

These conferences will be held on **Saturdays from 9:00 – 3:00pm** at the Institute. It is an opportunity to learn, share ideas, cultivate curiosity, network, socialize, enjoy and eat.

**The Dates: January 9<sup>th</sup>; February 6<sup>th</sup>; March 27<sup>th</sup>; May 1<sup>st</sup>**

**Cost:** Four Conference Package - \$495 Register by December 1st, 2009

Individual conference - \$135 Register by December 1st, 2009

At the door - \$165 Space will be limited so early registration is suggested.

Book purchasing & signing by authors will be available at each event.

**Place:** The William Alanson White Institute, 20 West 74<sup>th</sup> Street, NYC 10023

**Contact:** Carlos Acha 212-873-0725 Ext. 10

EDCAS Director & Co-Founder: Jean Petrucelli, Ph.D. [drjpetrucelli@speakeasy.net](mailto:drjpetrucelli@speakeasy.net)

EDCAS Steering Committee: Jacqueline Ferraro, D.M.H.; Elizabeth Halsted, Ph.D.; Jill Howard, Ph.D.; Sue Kolod, Ph.D.; Anne Malave, Ph.D.; Sarah Schoen, Ph.D.; Janet Tintner, Psy.D.