

Modern couplehood strives for oneness, yet eroticism thrives on the space between self and other

CPPNJ/NJCTTP Couples Therapy Conference

Center for Psychotherapy and Psychoanalysis of New Jersey

December 6, 2009: 9AM – 4PM

Esther Perel, MFT

Attachment Security and Erotic Life:

The Challenge of Maintaining Sexual Excitement in Long Term Relationships

Why doesn't good intimacy guarantee good sex?

Why does great sex so often fade for couples who claim to love each other as much as ever?

Can we want what we already have?

Why does the transition to parenthood so often spell erotic disaster?

Esther Perel grapples with the obstacles and anxieties that arise when our quest for secure love conflicts with our pursuit of passion. She invites us to explore the paradoxical union of domesticity and sexual desire and explains what it takes to bring eros home. Using case examples and clinical vignettes, Perel will demonstrate how couples can draw pleasure from the hidden, the suggestive and the uncanny while also respecting their needs for safety and stability. She will be addressing four central themes of erotic life: paradoxes of desire and how social forces inhibit erotic expression; attachment history and the erotic blueprint; the transition to parenthood; and the role of fantasy/imagination.

Esther Perel's training is rooted in psychodynamic therapy and family therapy. Her book, *Mating in Captivity, Reconciling the Erotic and the Domestic* (2006: Harper Collins) is being translated into 25 languages and has been widely reviewed and praised.

Location: Lenfell Hall, The Mansion, Fairleigh Dickinson University, Madison, NJ
Cost: Faculty & Others: \$165 at the door/\$150 Pre-registration by November 23
Candidates: \$75/\$65 pre-registration; Students with ID: \$40

For further information, please call (973) 443-8561 or visit us online: www.cppnj.org

To pre-register send check payable to CPPNJ: CPPNJ, Dept. of Psychology, M-AB2-01, FDU, Madison, NJ 07940

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6 CEU's for Social Workers are offered

Name _____

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Amount Enclosed _____

The New Jersey Couples Therapy Training Program (NJCTTP)

Is now accepting applications. For Further Information contact: Daniel Goldberg, PhD at dcgphd@yahoo.com

www.cppnj.org